



La Frascchetta

TRATTORIA PIZZERIA DAL 1976

STARTERS

Mixed Sliced Ham and Salami

€9,00

Ham

€8,00

Ham and Melon

€9,00

Toasted bread with olive oil, salt and garlic

€2,00

Toasted bread with fresh tomato, garlic, oregano and olive oil

€3,00

Toasted bread with ham or salmon or artichoke or olive patè

€4,00

Mix little toasted bread with ham, tomato, artichoke and olive patè (4 pieces)

€6,00

Suppli (Rice with tomato and meat - Fried)

€2,00

Fried Codfish Filet

€6,00

Fried artichokes or zucchini (seasonal food)

€5,00

Olive Ascolane (Breaded olives stuffed with meat fried)*

€5,00

Mozzarelline fritte (Little Mozzarellas fried)*

€5,00

Fiori di zucca (Fried zucchini flowers filled with mozzarella cheese and anchovies)

€3,00

Mixed Fried (suppli, codsfish, fiori di zucca, olive ascolane, mozzarelline, zucchini or artichokes)

€9,00



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FIRST COURSES

Spaghetti with fresh clams

€12,00

Spaghetti alla Carbonara (with pork cheek and eggs)

€11,00

Penne all'Arrabbiata (with tomato sauce and red hot pepper)

€10,00

Tonnarelli with seafood (mussels, clams and shrimps*)

€14,00

Tonnarelli with fresh porcini mushrooms (seasonal food)

€13,00

Tonnarelli with Gorgonzola and Speck

€12,00

Tonnarelli with mushroom, ham, peas and tomato sauce

€12,00

Tonnarelli with cheese and pork cheek

€12,00

Tonnarelli with pepper and cheese

€12,00

Tonnarelli Amatriciana (with tomato sauce, cheese and pork cheek)

€12,00

Bean soup with bread croutons

€9,00

Bean soup with pasta

€10,00

Tonnarelli: home made fresh egg pasta



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SECOND COURSES

Fresh mussels soup

€11,00

Fresh clams soup

€16,00

Fresh mussels and clams soup

€14,00

Beef Steak

€16,00

Roasted Lamb

€16,00

Baked Pork ham with potatoes

€16,00

Beef fillet

€19,00

Escalope with lemon or white wine

€15,00

TYPICAL ROMAN DISHES

Trippa (Tripe and tomato sauce)

€15,00

Coda alla vaccinara (Ox Tail Stew)

€15,00

Baccalà in umido (Stewed codfish with cherry tomatoes, onion, olives, capers)

€12,00

Saltimbocca alla romana (Thin slices of meat with ham and fresh sage leaves)

€15,00



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SIDE DISHES

Chicory (oil and lemon/cooked with oil, pepper and garlic)

€4,00

French fries or baked potatoes

€4,00

Mixed salad

€4,00

Beans with pepper, oil and parsley

€4,00

Artichokes "alla romana" (seasonal food)

€6,00

Puntarelle with anchovy sauce (seasonal food)

€7,00

Tomato and basil salad

€4,00

CHEESE

Pecorino (sheep cheese)

€3,50

Parmigiano Reggiano (parmesan)

€4,00

Mixed cheese

€7,00

Caciotta (italian soft cheese)

€3,00

Gorgonzola

€4,00

Mozzarella with buffalo milk

€6,00



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PIZZAS

Focaccia with salt and olive oil

€3,00

Focaccia with ham

€7,00

Della Casa (with mushrooms, smoked cheese and cherry tomatoes)

€9,00

Zucchini flowers, mozzarella cheese and anchovies

€9,00

Four Cheese

€9,00

Salmon and mozzarella cheese

€9,00

Gorgonzola and mozzarella cheese

€9,00

Rocket salad and mozzarella cheese

€7,00

Rocket salad, bresaola and mozzarella cheese

€9,00

Potatoes and mozzarella cheese

€8,00

Cherry Tomatoes and mozzarella cheese with buffalo milk

€9,50

Fresh porcini mushrooms (seasonal food)

€11,00

Margherita with mozzarella cheese and tomato sauce

€7,00

Chicory, sausages, tomato sauce and mozzarella cheese

€8,00

Eggplant, tomato sauce and mozzarella cheese

€9,00



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Quattro Stagioni (four different tastes)

€9,00

Mushrooms, tomato sauce and mozzarella cheese

€8,00

Boiled eggs, tomato sauce, artichokes, sausages and mozzarella cheese

€9,00

Ham, tomato sauce and mozzarella cheese

€9,00

Sausages, tomato sauce and mozzarella cheese

€8,00

Tuna, onion, tomato sauce and mozzarella cheese

€9,00

Spicy salami, tomato sauce and mozzarella cheese

€9,00

Anchovies, tomato sauce and mozzarella cheese

€7,00

Mixed vegetables, tomato sauce and mozzarella cheese

€9,00

Garlic, oregano, anchovies and tomato sauce

€6,50

Margherita with mozzarella cheese with buffalo milk

€9,00

Sausages, mushrooms, mozzarella cheese and tomato sauce

€9,00

Ham, mushrooms, mozzarella cheese and tomato sauce

€9,50

CALZONE

Oven-baked folded pizza with ham and mozzarella cheese

€7,00



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CROSTINI

(Bread baked in wood oven)

Ham and mozzarella cheese

€9,00

Anchovies and mozzarella cheese

€7,00

Mushrooms, ham and mozzarella cheese

€9,00

Salmon and mozzarella cheese

€9,00

SCAMORZE

(Grilled italian cheese)

Mushrooms

€7,00

Mushrooms and ham

€9,00

Salmon

€9,00

EXTRAS

Bread

€2,00

Any ingredient added to the dishes

€1,00

* Frozen Food



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DESSERT

Lemon sorbet

€6,00

Mixed flavour Ice Cream

€6,00

Tiramisù

€6,00

Cooked Cream

- Chocolate - Fresh strawberries - Blueberry Jam - Caramel -

€6,00

Crema Catalana

€6,00

Strawberries with Ice Cream

€6,00

Cream mousse with hot chocolate

€6,00

FRUIT

Pineapple

€5,00

Watermelon (seasonal food)

€3,50

Melon

€5,00

Strawberries

€6,00



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WINE LIST

WHITE WINE

House white wine - Castelli Romani Ariccia

€9,00

Oppidum Cantina S'Andrea

€15,00

Riflessi Cantina S'Andrea

€12,00

Riflessi Cantina S'Andrea (0,375 cl)

€7,00

Satrico Casali del Giglio

€16,00

Pinot Grigio

€16,00

Terre Bianche Sella e Mosca

€16,00

Falanghina

€16,00

Greco di Tufo

€15,00

Vermentino di Sardegna Sella e Mosca

€16,00

Vermentino di Sardegna Sella e Mosca (0,375cl)

€16,00



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RED WINE

House red wine - Castelli Romani Ariccia

€9,00

Riflessi Cantina S'Andrea

€12,00

Riflessi Cantina S'Andrea (0,375 cl)

€7,00

Morellino di Scansano

€16,00

Nero D'Avola Baglio di Grifi

€16,00

Chianti Ruffino Superiore

€18,00

Chianti Ruffino Superiore (0,375 cl)

€10,00

Dolcetto D'Alba Cordero di Montezemolo

€18,00

Barbera D'Alba Raimonda

€16,00

Rosso Montalcino

€26,00

Chianti Riserva Ducale

€26,00

SPARKLING WINE

Prosecco

€18,00

Lambrusco

€16,00



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DRINKS

Mineral water 1 lt

€2,50

Mineral water ½ lt

€2,00

Coca Cola - Coca Zero - Fanta - Sprite (can)

€2,50

BEER

Leffe Rossa/Chiara (bottle)

€7,00

Peroni Chiara (draught beer- pint)

€6,00

Peroni Chiara (draught beer- small)

€3,50

Peroni Rossa (draught beer- pint)

€6,50

Peroni Rossa (draught beer- small)

€4,50

Menabrea (bottle 66cl)

€7,00



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BAR

Espresso

€2,00

Americano

€2,50

Decaf

€2,50

Cappuccino

€2,50

Tea

€3,00

Aperol Spritz

€6,00

Amaro

€3,50

Scottish whisky

€6,00

Cognac

€6,00

Grappa Bianca

€4,00

Grappa Barrique

€5,00

Limoncello

€3,50